

**For Immediate Release:** February 17, 2009  
**Contact:** Megan McLaughlin, SUNYAC Publicist

## 2009 SUNYAC Women's Swimming and Diving All-Conference Teams

### FIRST TEAM

<u>Name</u>	<u>Class</u>	<u>School</u>	<u>Hometown/High School</u>
Michelle Rodriguez	So.	Geneseo	Yorktown Heights/Yorktown
Alex Dockstader	Fr.	Geneseo	Tonawanda/Kenmore West
Christine Rieth	So.	New Paltz	Penfiled/Webster
Kelly Sponholz	Sr.	Fredonia	Alden/Alden
Lindsay Dressel	Sr.	Geneseo	Buffalo/Kenmore West
Jade Plaschka	Fr.	Geneseo	Smithtown/Hauppauge
Erica Ellis	Sr.	New Paltz	Barnevald/Holland Patent
Michelle Sano	Jr.	Oneonta	Albany/Albany
Jessica Lester	So.	New Paltz	Long Beach/Long Beach
Sierra Achin	Jr.	Geneseo	New Hartfield/New Hartfield

### SECOND TEAM

<u>Name</u>	<u>Class</u>	<u>School</u>	<u>Hometown/High School</u>
Marissa Morris	So.	New Paltz	Toms River, N.J./Toms River East
Nicole Dean	So.	Oswego	Lansing
Jenny VanEtten	Jr.	Oswego	Ravena
Kristin Barnoski	Jr.	Cortland	Stanley/Marcus Whitman
Jennifer Anthone	So.	Geneseo	Williamsville/Williamsville East
Eileen McMahan	Jr.	Oswego	Clay
Maria Quagliana	So.	Brockport	Horseheads/Horseheads
Rachel Giza	So.	Geneseo	Lancaster/Lancaster
Kelly Battaglia	So.	Geneseo	East Amherst/Williamsville North
Hannah Slaga	So.	Oswego	East Greenbush
Jessie Cocco	Sr.	Geneseo	Batavia/Batavia-Notre Dame
Krista Bergquist	Jr.	Cortland	West Islip/West Islip
Alana Spro	So.	Geneseo	Smithtown/Smithtown West
Mae Lankes	Jr.	Geneseo	Amherst/Amherst
Katie Linehan	Jr.	Geneseo	Schenectady/Guilderland
Taylor Houseman	Jr.	Cortland	Wellsville/Wellsville
Liz Neddo	So.	Cortland	Syracuse/Fowler