

2009 Championship Results

Geneseo Men and Women Win SUNYAC Swimming & Diving Championships

The Geneseo men's swimming and diving team won its 11th consecutive State University of New York Athletic Conference championship while the Geneseo women claimed its second straight SUNYAC crown. The Knights -- also known as the Blue Wave -- scored 967 points in the men's competition while the Lady Wave earned 865.

FINAL TEAM SCORES

WOMEN'S RESULTS		MEN'S RESULTS	
1.	Geneseo 865	1.	Geneseo 967
2.	Oswego 640	2.	Cortland..... 609
3.	New Paltz 550	3.	New Paltz..... 505
4.	Cortland..... 528	4.	Oswego 388
5.	Fredonia 321	5.	Fredonia 367
6.	Oneonta 232	6.	Brockport 189
7.	Brockport 154	7.	Oneonta 182
8.	Buffalo State 115	8.	Potsdam 177
9.	Potsdam 88	9.	Buffalo State 175

INDIVIDUAL RESULTS

WOMEN'S	MEN'S
50 Freestyle Christine Rieth, New Paltz (:24.06)+	50 Freestyle Dan Evans, Cortland (:20.89)+
100 Freestyle Michelle Rodriguez, Geneseo (:51.34)*!	100 Freestyle Dan Evans, Cortland (:45.90)*+
200 Freestyle Michelle Rodriguez, Geneseo (1:51.52)*!%	200 Freestyle Dan Evans, Cortland (1:41.29)+
500 Freestyle Michelle Rodriguez, Geneseo (4:59.22)*!%	500 Freestyle Nate Foley, Geneseo (4:40.38)
1650 Freestyle Jessica Lester, New Paltz (17:36.70)*+%	1650 Freestyle Nate Foley, Geneseo (16:08.60)*+
100 Backstroke Michelle Sano, Oneonta (:59.16)+	100 Backstroke Stephen Cozzolongo, N. P. (:52.67)*+%
200 Backstroke Alex Dockstader, Geneseo (2:05.68)*+	200 Backstroke Russell Sullivan, Geneseo (1:53.62)*+%
100 Breaststroke Erica Ellis, New Paltz (1:05.95)*+%	100 Breaststroke Ken Pink, Geneseo (:58.36)+
200 Breaststroke Sierra Achin, Geneseo (2:22.33)*+%	200 Breaststroke Ken Pink, Geneseo (2:06.68)*+%
100 Butterfly Jade Plaschka, Geneseo (:59.49)	100 Butterfly Stephen Cozzolongo, New Paltz (:51.74)
200 Butterfly Lindsay Dressel, Geneseo (2:08.60)*+%	200 Butterfly Jamie Matthews, Geneseo (1:56.51)
200 IM Alex Dockstader, Geneseo (2:05.41)*!%	200 IM Ken Pink, Geneseo (1:55.28)
400 IM Lindsay Dressel, Geneseo (4:32.90)*+%	400 IM Colin Heinemann, Geneseo (4:11.20)
200 Free Relay Geneseo (1:35.79)*+%	200 Free Relay Cortland (1:23.57)+
400 Free Relay Geneseo (3:29.62)*+%	400 Free Relay Geneseo (3:06.31)*+%
800 Free Relay Geneseo (7:41.42)*+%	800 Free Relay Geneseo (6:53.75)*+
200 Medley Relay Geneseo (1:47.02)+	200 Medley Relay Geneseo (1:35.80)
400 Medley Relay Geneseo (3:54.03)*%+	400 Medley Relay Geneseo (3:27.78)*+%
1-Meter Diving Kelly Sponholz, Fredonia (471.95)*!%	1 Meter Diving Nathan LaRowe, Potsdam (504.80)!
3-Meter Diving Kelly Sponholz, Fredonia (543.80)*!%	3 Meter Diving Nathan LaRowe, Potsdam (552.70)*!

*SUNYAC Meet Record, ! NCAA Automatic Qualifying Time, + NCAA Provisional Qualifying Time, % SUNYAC Conference Record

Most Valuable Swimmer (W): Michelle Rodriguez, Geneseo
Most Valuable Diver (W): Kelly Sponholz, Fredonia
Grace Mowatt Award: Kelly Sponholz, Fredonia
Coach of the Year (Women): Paul Dotterweich, Geneseo

Most Valuable Swimmer (M): Dan Evans, Cortland
Most Valuable Diver (M): Nathan LaRowe, Potsdam
James Fulton Award: Clint Sugnet, Geneseo and
 Drew Hilker, Cortland
Coach of the Year (Men): Paul Dotterweich, Geneseo