

SUNYAC Prelim's 10 AM Thursday, February 8, 2007			SUNYAC Final's 6 PM Thursday, February 8, 2007		
Round	Event		Round	Event	
Prelims	1	Women 200 Freestyle Relay	Finals	1	Women 200 Freestyle Relay
Prelims	2	Men 200 Freestyle Relay	Finals	2	Men 200 Freestyle Relay
Break: 10 Minutes			Break: 10 Minutes		
Prelims	3	Women 500 Freestyle	Finals	3	Women 500 Freestyle
Prelims	4	Men 500 Freestyle	Finals	4	Men 500 Freestyle
Prelims	5	Women 200 IM	Finals	5	Women 200 IM
Prelims	6	Men 200 IM	Finals	6	Men 200 IM
Prelims	7	Women 50 Freestyle	Finals	7	Women 50 Freestyle
Prelims	8	Men 50 Freestyle	Finals	8	Men 50 Freestyle
Break: 20 Minutes			Finals		
Prelims	11	Women 400 Medley Relay	Finals	9	Women 3 Meter Diving
Prelims	12	Men 400 Medley Relay	Finals	10	Men 1 Meter Diving
Finals	9	Women 3 meter Diving	Finals	11	Women 400 Medley Relay
Finals	10	Men 1 meter Diving	Finals	12	Men 400 Medley Relay
SUNYAC Prelim's 10:00 AM Friday, February 9, 2007			SUNYAC Final's 6:00 PM Friday, February 9, 2007		
Round	Event		Round	Event	
Prelims	13	Women 200 Medley Relay	Finals	13	Women 200 Medley Relay
Prelims	14	Men 200 Medley Relay	Finals	14	Men 200 Medley Relay
Break: 10 Minutes			Break: 10 Minutes		
Prelims	15	Women 400 IM	Finals	15	Women 400 IM
Prelims	16	Men 400 IM	Finals	16	Men 400 IM
Prelims	17	Women 100 Butterfly	Finals	17	Women 100 Butterfly
Prelims	18	Men 100 Butterfly	Finals	18	Men 100 Butterfly
Prelims	19	Women 200 Freestyle	Finals	19	Women 200 Freestyle
Prelims	20	Men 200 Freestyle	Finals	20	Men 200 Freestyle
Prelims	21	Women 100 Breaststroke	Finals	21	Women 100 Breaststroke
Prelims	22	Men 100 Breaststroke	Finals	22	Men 100 Breaststroke
Prelims	23	Women 100 Backstroke	Finals	23	Women 100 Backstroke
Prelims	24	Men 100 Backstroke	Finals	24	Men 100 Backstroke
Prelims	25	Women 1 meter Diving	Break: 20 Minutes		
Prelims	26	Men 3 meter Diving	Finals	25	Women 800 Freestyle Relay
SUNYAC Prelim's 10:00 AM Saturday, February 10, 2007			SUNYAC Final's 6:00 PM Saturday, February 10, 2007		
Round	Event		Round	Event	
Prelims	29	Women 200 Backstroke	Finals-1	27	Women 1650 Freestyle
Prelims	30	Men 200 Backstroke	Finals-1	28	Men 1650 Freestyle
Prelims	31	Women 100 Freestyle	Finals	29	Women 200 Backstroke
Prelims	32	Men 100 Freestyle	Finals	30	Men 200 Backstroke
Prelims	33	Women 200 Breaststroke	Finals	31	Women 100 Freestyle
Prelims	34	Men 200 Breaststroke	Finals	32	Men 100 Freestyle
Prelims	35	Women 200 Butterfly	Finals	33	Women 200 Breaststroke
Prelims	36	Men 200 Butterfly	Finals	34	Men 200 Breaststroke
Break: 10 Minutes			Finals	35	Women 200 Butterfly
Prelims	39	Women 400 Freestyle Relay	Finals	36	Men 200 Butterfly
Prelims	40	Men 400 Freestyle Relay	Finals	37	Women 1 Meter Diving
Break: 20 Minutes			Finals	38	Men 3 Meter Diving
Finals-S	27	Women 1650 Freestyle	Finals	39	Women 400 Freestyle Relay
Finals-S	28	Men 1650 Freestyle	Finals	40	Men 400 Freestyle Relay
Finals	37	Women 1 meter Diving	AWARDS CEREMONY WILL COUNT TOWARDS BREAK		
Finals	38	Men 3 meter Diving			

2007 SUNYAC DIVING

The boards will be available for warm up throughout the competition. Please do not bounce on the boards once the start whistle has blown. Although dive sheets can be changed at anytime prior to the execution of the dive, sheets are to be turned into the mailbox at the dive table according to the deadlines listed below. Your adherence to these deadlines is important, as it will allow ample time for meet personnel to enter all divers into the computer.

Women's 3 M & Men's 1 M Prelims	10AM Wednesday
Women's 3 M & Men's 1 M Finals	7 PM Wednesday
Women's 1 M & Men's 3 M Prelims	6:30PM Thursday
Women's 1 M & Men's 3 M Finals	6:30PM Friday

WEDNESDAY, FEBRUARY 7, 2007 DIVING PRELIMINARIES 12PM

Women's	3 M Prelim	Round 1 Optionals(6) 20 minute warm-up
Men's	1 M Prelim	Round 1 Optionals(6) 20 minute warm-up
Women's	3 M Prelim	Round 2 Voluntaries(5) 20 minute warm-up
Men's	1 M Prelim	Round 2 Voluntaries(5) 20 minute warm-up

THURSDAY, FEBRUARY 8, 2007 DIVING FINALS 12:30PM

Women's	3 M Finals	Optionals(3)
Men's	1 M Finals	Optional (3)

DIVING FINALS APPROX. 7:30PM

Women's	3 M Finals	Optionals(3)
Men's	1 M Finals	Optionals(3)

FRIDAY, FEBRUARY 9, 2007 DIVING TRIALS 12:30PM

Women's	1 M Prelims	Round 1 Optionals (6) 20 minute warm-up
Men's	3 M Prelims	Round 1 Optionals (6) 20 minute warm-up
Women's	1 M Prelims	Round 2 Voluntaries (5) 20 minute warm-up
Men's	3 M Prelims	Round 2 Voluntaries (5)

SATURDAY, FEBRUARY 10, 2007 DIVING FINAL 12:30PM

Women's	1 M Finals	Optionals (3)
Men's	3 M Finals	Optionals (3)

SATURDAY, FEBRUARY 10, 2007 DIVING FINAL APPROX. 8:10PM

Women's	1 M Finals	Optionals(3)
Men's	3 M Finals	Optionals (3)