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2009 All-SUNYAC men's lacrosse teams announced

The State University of New York Athletic Conference has announced its Men's Lacrosse All-Conference teams for the 2009 season. Cortland senior midfielder, **Joe Morgan** (Putnam Valley/Putnam Valley) was named the Player of the Year, while teammate **Mike Tota** (Webster/Webster-Schroeder) was named Rookie of the Year. Oswego coach **Dan Witmer** was selected as the 2009 SUNYAC Coach of the Year as the Lakers went 8-9 (5-2) and made it to the SUNYAC semifinals.

First Team

| <u>Name</u> | <u>Team</u> | <u>Yr.</u> | <u>Pos.</u> | <u>Hometown/High School</u> |
|--------------------|--------------------|-------------------|--------------------|-------------------------------------|
| Brian Krol | Cortland | Jr. | A | Niskayuna/Niskayuna |
| Tom Costanza | Geneseo | Sr. | A | Webster/Webster-Schroeder |
| Craig Lange | Geneseo | So. | A | Syracuse/Christian Brothers Academy |
| Chris DeLuca | Cortland | So. | M | Sayville/Sayville |
| Joe Morgan | Cortland | Sr. | M | Putnam Valley/Putnam Valley |
| Mike Recor | Oswego | Sr. | M | Syracuse/East Syracuse-Minoa |
| Erik Baranowski | Geneseo | Jr. | FOS | Liverpool/Liverpool |
| Cody Hoyt | Cortland | Sr. | LSM | Babylon/Babylon |
| Eric Parah | Cortland | So. | SSD | Baldwinsville/C.W. Baker |
| Luke Lemon | Cortland | Sr. | D | Colorado Springs, CO/Air Academy |
| Joe May | Geneseo | So. | D | Homer/Homer |
| James Mulligan | Potsdam | Sr. | D | Hudson, MA/Carthage |
| Dennis Costanza | Geneseo | Jr. | G | Webster/Webster-Schroeder |

Second Team

| <u>Name</u> | <u>Team</u> | <u>Yr.</u> | <u>Pos.</u> | <u>Hometown/High School</u> |
|---------------------|--------------------|-------------------|--------------------|------------------------------------|
| Mike Tota | Cortland | Fr. | A | Webster/Webster-Schroeder |
| Kyle Norchi | Plattsburgh | So. | A | Hauppauge/Hauppauge |
| Luke Weidlein | Plattsburgh | Jr. | A | Seaford/Seaford |
| Dylan Bittlingmaier | Geneseo | Sr. | M | Pittsford/Pittsford-Mendon |
| Mike Brewster | Oswego | Sr. | M | East Syracuse/East Syracuse-Minoa |
| Ben McCullough | Potsdam | Jr. | M | Brampton, ON/Turner-Fenton |
| Dave Blackburn | Potsdam | Jr. | FOS | Heuvelton/Heuvelton |
| Eric Zerrahn | Oswego | So. | LSM | Oswego/Oswego |
| Dan Rogers | Oswego | Sr. | SSD | Boston/Frontier |
| Justin Schniedeman | Cortland | So. | D | Katonah/John Jay |
| Adam Johnson | Oneonta | Sr. | D | Mt. Sinai/Mt. Sinai |
| Dan Wilcox | Oswego | Jr. | D | Hamburg/Frontier |
| Judd Robinson | Oswego | Jr. | G | Guilderland/Guilderland |

Honorable Mention

| <u>Name</u> | <u>Team</u> | <u>Yr.</u> | <u>Pos.</u> | <u>Hometown/High School</u> |
|--------------------|--------------------|-------------------|--------------------|------------------------------------|
| Mike Cintineo | Geneseo | Sr. | A | Honeoye Falls/Honeoye Falls-Lima |
| Matt Maes | Plattsburgh | Sr. | M | Lindenhurst/Lindenhurst |
| Jeff Lindstrom | Brockport | Sr. | D | Orchard Park/Orchard Park |
| Kyle Byron | Geneseo | Sr. | D | Rochester/West Irondequoit |