

For Immediate Release
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**Geneseo women stretch streak to eight,
Cortland men repeat at Cross Country SUNYACs**

Woods, Moran earn Coach of the Year honors

POTSDAM, N.Y. – The Geneseo women’s cross country team won its eighth consecutive State University of New York Athletic Conference championship while the Cortland men won their second straight title on Saturday, Oct. 20, at SUNY Potsdam.

Geneseo’s **Elizabeth Montgomery** (Glenville/Burnt Hills-Ballston Lake) won the women’s 5,000-meter race in 21:54 and teammate **Meghan Nolan** (Liverpool/Liverpool) placed second (22:20) as the Blue Knights scored 20 points to easily defeat second-place Cortland (75) and third-place Plattsburgh (92).

Laura Iafrati (Hilton/Hilton) was also among the eight Geneseo females who finished in the top 15, placing fourth in 23:16. Plattsburgh’s **Allison Busby** (New Paltz/New Paltz) was third (22:43) and Brockport’s **Julia Ruggiero** (Lancaster/Lancaster) placed fifth (23:24).

The rest of the women’s team field included Brockport (111), Fredonia (154), Oneonta (161), New Paltz (184), Oswego (196), Buffalo State (246), Potsdam (294) and SUNYIT (inc.).

The Cortland and Geneseo men’s teams combined to place 18 runners in the top 21 – 10 by Cortland and eight by Geneseo – and the Red Dragons’ top runners, led by race winner **Justin Wager** (Guilderland/Guilderland), took the top four spots to secure a repeat. Wager finished in 25:50.8 and was followed in succession by teammates **Shamus Nally** (Burnt Hills/Burnt Hills-Ballston Lake) (25:50.9), **Seth DuBois** (Altamont/Guilderland) (25:51.3) and **Josh Henry** (Truxton/Homer) (25:52.0). **Nate Lockett** (Lansing/Lansing) was Geneseo’s top finisher, placing fifth in 25:52.4.

The Red Dragons scored 18 points in the win and were followed by Geneseo (41), Oneonta (110), Brockport (127), Plattsburgh (144), Fredonia (146), Oswego (181), Buffalo State (230), SUNYIT (266), New Paltz (289) and Potsdam (342).

Geneseo coach Mike Woods was named SUNYAC Women’s Coach of the Year for the sixth time. He won his 14th overall SUNYAC cross country title (both men and women) and has claimed Coach of the Year honors 11 times. Cortland coach Matt Moran was named Men’s Coach of the Year for the second straight season.