

2005 SUNYAC Women's Cross Country Championship Recap

Hosted by SUNY Plattsburgh – Saturday, October 22, 2005

2005 Team Results

| | | | |
|----|---------------|------------------------------|-----|
| 1. | Geneseo | 1, 3, 4, 5, 6, (8, 9) | 19 |
| 2. | Brockport | 10, 11, 14, 20, 28, (38, 42) | 83 |
| 3. | Cortland | 12, 15, 18, 19, 32, (34, 35) | 96 |
| 4. | Plattsburgh | 2, 7, 29, 31, 37, (40, 41) | 106 |
| 5. | Fredonia | 16, 22, 23, 25, 43, (46, 47) | 129 |
| 6. | Oneonta | 13, 27, 30, 33, 49, (50, 58) | 152 |
| 7. | Buffalo State | 17, 21, 45, 51, 55, (60, 61) | 189 |
| 8. | New Paltz | 26, 36, 39, 52, 54, (56, 57) | 207 |
| 9. | Oswego | 24, 44, 48, 53, 59, (62, 63) | 228 |
| | Potsdam | Incomplete | |
| | SUNYIT | Incomplete | |

Top 15 Individual Finishers

(Top 7 are First Team All-SUNYAC; 8-15 are Second Team All-SUNYAC)

| | | | |
|-----|--------------------|-------------|---------|
| 1. | Liz Montgomery | Geneseo | 21:21.2 |
| 2. | Allison Busby | Plattsburgh | 21:27.6 |
| 3. | Shannon Griggs | Geneseo | 22:06.1 |
| 4. | Marta Scott | Geneseo | 22:06.7 |
| 5. | Renne Catalano | Geneseo | 22:12.5 |
| 6. | Karen Merrill | Geneseo | 22:12.6 |
| 7. | Toni Wisowaty | Plattsburgh | 22:14.1 |
| 8. | Christiana Martin | Geneseo | 22:18.1 |
| 9. | Christy Finke | Geneseo | 22:37.8 |
| 10. | Teri Wilson | Brockport | 23:02.0 |
| 11. | Kristen Paulson | Brockport | 23:11.1 |
| 12. | Laura Iafrati | Geneseo | 23:11.6 |
| 13. | Meghan Nolan | Geneseo | 23:13.4 |
| 14. | Sarah Allen | Cortland | 23:14.0 |
| 15. | Kaitlin O'Sullivan | Oneonta | 23:15.2 |

SUNYAC Cross Country Hall of Fame Additions

(To qualify a runner must place in the top five once, the top 10 twice or top 15 three times)

Liz Montgomery, Geneseo
Shannon Griggs, Geneseo
Christy Finke, Geneseo
Allison Busby, Plattsburgh
Karen Merrill, Geneseo

2005 SUNYAC Women's Coach of the Year

Mike Woods, Geneseo