

2005 SUNYAC Men's Cross Country Championship Recap

Hosted by SUNY Plattsburgh – Saturday, October 22, 2005

2005 Team Results

1.	Geneseo	4, 7, 8, 10, 14, (15, 23)	43
2.	Cortland	3, 5, 18, 20, 21, (29, 32)	67
3.	Brockport	2, 12, 17, 19, 27, (28, 30)	77
4.	Plattsburgh	1, 11, 22, 25, 33, (44, 48)	92
5.	Fredonia	6, 16, 34, 39, 43, (54, 61)	138
6.	Oswego	13, 26, 31, 37, 38, (41, 45)	145
7.	Oneonta	9, 35, 40, 42, 46, (49, 50)	172
8.	Buffalo State	36, 47, 53, 55, 56, (59, 60)	247
9.	SUNYIT	51, 52, 58, 62, 64, (70, 73)	287
10.	Potsdam	24, 57, 68, 69, 72, (76)	290
11.	New Paltz	63, 65, 66, 67, 71, (74, 75)	332

Top 15 Individual Finishers

(Top 7 are First Team All-SUNYAC; 8-15 are Second Team All-SUNYAC)

1.	Matt DeShane	Plattsburgh	25:03.6
2.	Ryan Kolb	Brockport	25:28.6
3.	Fred Joslyn	Cortland	25:36.8
4.	Dan Moore	Geneseo	25:40.1
5.	Shamus Nally	Cortland	25:44.5
6.	Andrew Forma	Fredonia	25:45.3
7.	Mike McGrath	Geneseo	25:52.0
8.	Will Haskell	Geneseo	25:53.6
9.	Ryan Wells	Oneonta	25:55.6
10.	Jim Tillapaugh	Geneseo	26:09.4
11.	Dave Whydra	Plattsburgh	26:09.7
12.	Andy Beringer	Brockport	26:14.3
13.	Weston Fellows	Oswego	26:15.1
14.	Brad Johnson	Geneseo	26:15.9
15.	Andrew McCarthy	Geneseo	26:22.5

SUNYAC Cross Country Hall of Fame Additions

(To qualify a runner must place in the top five once, the top 10 twice or top 15 three times)

Ryan Kolb, Brockport	Shamus Nally, Cortland
Dan Moore, Geneseo	Mike McGrath, Geneseo
Jim Tillapaugh, Geneseo	

2005 SUNYAC Men's Coach of the Year

Mike Woods, Geneseo