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## **Lynch Named Head Cross Country Coach**

PLATTSBURGH, NY\_\_ John Lynch, former SUNY Cortland track and cross country standout has been named the head men's and women's cross country coach at the State University of New York College at Plattsburgh.

Lynch is filling the position vacated by Eric Blake, who left to continue his career at Central Connecticut State.

A native of Clifton Park, Lynch received his undergraduate degree from SUNY Cortland in Kinesiology: Sport Studies in 2005. While at Cortland, Lynch was an accomplished distance runner setting school records in the Distance Medley Relay and 1200 meters. Lynch was a member of numerous indoor and outdoor track and field championship teams for the Red Dragons.

"We are extremely excited to have John Lynch joining the coaching staff at Plattsburgh," said Bruce Delventhal, Athletic Director. "John brings a great deal of experience and enthusiasm to the position. John has been fortunate to work with the legendary cross country coach, Jack Daniels, and has competed at both the Division 1 and Division 3 levels. I was immediately impressed with John's knowledge of the sport, but even more impressed with his concern for the student athlete. He cares first and foremost about the academic growth and social development of his athletes. I also feel that he will be a valuable asset to our indoor and outdoor track programs."